

Isle of Wight Domestic Abuse Forum invites you to

reclaim THE night



on White Ribbon Day

- March
- Rally, and
- Candlelit vigil

ST THOMAS' SQUARE
NEWPORT
.....
FRIDAY
TWENTY FIFTH
NOVEMBER
.....
7PM TO 9PM

say NO to violence and abuse

- One in four women and one in seven men will be victims of domestic violence in their lifetime.
- One incident of domestic violence is reported to the police every minute.
- On average, two women a week are killed by a current or former male partner.

Help for women	Help for men	Help for lesbians, gay men, bisexuals & transgender people
Island Women's Refuge	Men's Aid	Broken Rainbow
24 hour helpline ☎ 01983 825981	Monday to Friday 10am to 3pm ☎ 01334 474348 💻 www.mensaid.com ✉ support@mensaid.org	Monday 2pm to 8pm Wednesday 10am to 1pm Thursday 2pm to 8pm ☎ 0300 999 5428 💻 www.broken-rainbow.org.uk ✉ mail@broken-rainbow.org.uk
Refuge (National)		
☎ 0808 2000 247 💻 www.refuge.org.uk ✉ info@refuge.org.uk		
Women's Aid		
💻 www.womensaid.org.uk ✉ helpline@womensaid.org.uk		
Find 'Reclaim the Night' on Facebook and Twitter.		

In an emergency always call 999